

Take the Live Proper Health Shirt Challenge

Bring this form to Live Proper Chiropractic and get started now!

Name: _____ Phone: _____ Email: _____

How did you hear about this challenge? _____

While wearing your Live Proper Health shirt;

Start Date: _____

Take a picture...

#	<u>List of Live Proper Health T-Shirt Tasks</u>	
1	While at Westerly Beach with sand and the ocean in the picture	1
2	With 20 other people posing for the camera in the shot with you	2
3	While playing a sport at Rotary Park	3
4	While riding a bike on the bike path in Ninigret Park	4
5	With a local celebrity (<i>don't be afraid to ask us for help!</i>)	5
6	While standing over the water on the Westerly/Pawcatuck bridge	6
7	At a charity walk in Westerly	7
8	While outside a Downtown Westerly shop with an employee	8
9	While eating a salad inside of a Westerly food establishment (<i>employee must be in photo</i>)	9
10	While at a Westerly High School sporting event with a player or staff member	10
11	While inside a Westerly gym including; Westerly Fitness, YMCA, or Luxe Fitness.	11
12	While holding up your favorite vegetable at a Westerly grocery store in the produce aisle	12
13	With 3 other people who are all wearing Live Proper Health shirts	13
14	While at the Watch Hill Lighthouse	14
15	With Dr. Luke from Live Proper Chiropractic while he is out of the health center	15
16	While doing volunteer work in Westerly	16
17	While at a doctor's office other than Live Proper Chiropractic in Westerly	17
18	While at an annual event at Wilcox Park	18
19	With a Westerly service worker in uniform (policeman, fireman, postal worker, etc)	19
20	...Come up with your own original, bizarre, and funny photo! <i>For this one be very creative!!</i>	20

You do not have to complete tasks in any particular order. If you have any questions about a specific task or you are unable to complete a task for a valid reason, contact Live Proper Chiropractic and accommodations will be made.

Place a check in the box to the right of each task once completed and approved for your records

Good luck & have fun!

Live Proper Chiropractic

77 Franklin Street • Westerly • RI 02891

401-315-2300 • Support@LiveProperHealth.com • www.LiveProperHealth.com

Take the Live Proper Health Shirt Challenge

Bring this form to Live Proper Chiropractic and get started now!

Earn up to **\$136** toward services at
Live Proper Chiropractic!

Rules

In order to receive credit;

- You must be officially registered by Live Proper Chiropractic staff
- You must be wearing a Live Proper Health shirt when the pictures are taken
- Someone else must hold the camera and take the pictures
- Tasks must be completed within 1 year of registration start date
- You must deliver a hard copy or emailed copy of each picture for each task to Live Proper Chiropractic
- You must return to Live Proper Chiropractic while wearing a Live Proper Health shirt for each completed task
- You must be 18 or older to participate or you must have written consent from a parent/guardian
- You must receive verbal consent from each individual, they must be aware of, and posing for the camera in each picture

Disclaimer

Terms and conditions may be changed and this challenge may be cancelled at the discretion of the Live Proper Chiropractic at anytime. If your health and/or fitness levels prevent you from performing any listed tasks, please contact Live Proper Chiropractic for further accommodations. Live Proper Chiropractic urges you to seek the advice of a doctor before beginning this challenge due to possible health conditions. Some Live Proper Chiropractic services and products are not included in this offer.



Rewards

Receive a **\$50** Gift Certificate to **Live Proper Chiropractic** upon completion of;
Any 10 Live Proper Health Shirt Tasks

Receive a **\$86** Gift Certificate to **Live Proper Chiropractic** when you have completed;
All 20 Live Proper Health Shirt Tasks!

Enjoy your health & our community!

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